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ABSTRACT

This document consists of 13 competency outlines/lesson plans that have been developed for use in preparing students for certification as long-term care aides through South Carolina's health occupations education program. The following competencies are covered in the individual lessons: identify the function and responsibilities of nurses aides; identify and demonstrate communication skills; describe myths, ageism, and residents' rights; define and discuss death, dying, grieving, and spirituality; discuss mental health, social services, and activity needs; describe normal physiological changes in the elderly; identify and discuss safety precautions; demonstrate infection control; identify and discuss nutritional needs; define and demonstrate the principles of body mechanics; discuss basic restorative services; discuss and demonstrate the principles of measuring and recording intake and output; and demonstrate personal care skills for patients. Included in each lesson plan are the following: unit title, competency statement, performance objective, lists of basic skills covered and basic skills objectives, instructional activities, required instructional materials/resources, and evaluation methods/criteria. Appended are a clinical competency evaluation form, list of required laboratory equipment/supplies, and bibliography. (MN)

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ED 371 229

SOUTH CAROLINA HEALTH OCCUPATIONS EDUCATION

HEALTH CARE ASSISTING LESSON PLANNING GUIDE FOR LONG-TERM CARE AIDE CERTIFICATION

SOUTH CAROLINA DEPARTMENT OF EDUCATION
OFFICE OF OCCUPATIONAL EDUCATION
COLUMBIA, SOUTH CAROLINA
1993

CE 066 762

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SOUTH CAROLINA

HEALTH OCCUPATIONS EDUCATION

HEALTH CARE ASSISTING

LESSON PLANNING GUIDE

FOR

LONG-TERM CARE AIDE CERTIFICATION

STATE DEPARTMENT OF EDUCATION

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LESSON C-01

UNIT Function and Responsibility of the Nurse Aide

COMPETENCY

Identify the function and responsibility of the Nurse Aide.

PERFORMANCE OBJECTIVE

Upon completion of this unit, the student will be able to define Long-Term Care, interpret organizational structures, describe the team concept, demonstrate participation as a team member, and demonstrate the standards of personal hygiene and appearance.

BASIC SKILLS

Reading
Writing
Math

BASIC SKILLS OBJECTIVE(S)

Reading: Read and demonstrate comprehension of assignments.

Writing: Use complete sentences and correct grammatical skills in completing assignments.

INSTRUCTIONAL ACTIVITIES

1. Prepare organizational charts for Long-Term Care (LTC).
2. Identify LTC concepts.
3. Demonstrate basic personal hygiene/health concepts.
4. Discuss team nursing philosophy.
5. Give job descriptions.
6. Identify the responsibilities of the nurse aide to agency/client and the agency's responsibility to the nurse aide.

INSTRUCTIONAL MATERIALS/RESOURCES

1. Filmstrips, videos, and transparencies that relate to the subject.
2. Hegner and Caldwell, **Nursing Assistant**, 5th edition.
3. Hogan and Sorrentino, **Long-Term Care Assistants.**
4. Simmers, **Diversified Health Occupations**, 2d and 3d editions.
5. Sorrentino, **Mosby's Textbook for Nursing Assistants**, 2d edition.
6. South Carolina Nurse Aide Curriculum.
7. Thomas, **Tabors Cyclopedic Medical Dictionary**.

LESSON C-01

EVALUATION

Mastery will be determined by scoring a minimum of ____% on a written examination. Any type of demonstration as desired for part of the exam may be included. Student will be evaluated on personal qualities during on-the-job training clinical experience.

ALTERNATIVE ACTIVITIES

LESSON C-02

UNIT Working With and Understanding the Elderly and Chronically Ill

COMPETENCY

Identify and demonstrate communication skills.

PERFORMANCE OBJECTIVE

Upon completion of this unit, the student will be able to explain the purpose of communication among the health team members; identify both verbal and nonverbal communication skills; list and implement principles of cultural, hearing, visual, and speech loss of the patient; describe how the quality of care for patients and families is ensured by the nurse aide with good communication skills and communication among staff members.

BASIC SKILLS

Reading
Writing
Math

BASIC SKILLS OBJECTIVE(S)

Reading: Read and demonstrate comprehension of assignments.

Writing: Use complete sentences and correct grammatical skills in completing assignments.

INSTRUCTIONAL ACTIVITIES

1. Maintain and insert hearing aids (check batteries, clean ear mold, ensure safe storage, and check ear canal).
2. Identify approaches for impaired sensories, i.e., hearing/vision/speech.
3. Instruct maintenance of patients' glasses.
4. Demonstrate communication skills with role play.

INSTRUCTIONAL MATERIALS/RESOURCES

1. Filmstrips, videos, and transparencies that relate to the subject.
2. Hegner and Caldwell, **Nursing Assistant**, 5th edition.
3. Hogan and Sorrentino, **Long-Term Care Assistants.**
4. Simmers, **Diversified Health Occupations**, 2d and 3d editions.
5. Sorrentino, **Mosby's Textbook for Nursing Assistants**, 2d edition.
6. South Carolina Nurse Aide Curriculum.
7. Thomas, **Tabors Cyclopedic Medical Dictionary.**

LESSON C-02

EVALUATION

Mastery will be determined by scoring a minimum of ____% on a written examination. Any type of demonstration as desired for part of the exam may be included. Student will be evaluated on personal qualities during on-the-job training clinical experience.

ALTERNATIVE ACTIVITIES

LESSON C-03

UNIT Working With and Understanding the Elderly and Chronically Ill

COMPETENCY

Describe myths, ageism, and residents' rights.

PERFORMANCE OBJECTIVE

Upon completion of this unit, the student will be able to define ageism; discuss five myths/stereotypes associated with the aging process; define and discuss aide's responsibility in relation to confidentiality; describe the protection of the patient's right to privacy; discuss protection of patient's personal items; discuss the Patient's Bill of Rights; and list at least five Rights, and give examples of defamation, assault, and battery.

BASIC SKILLS

Reading
Writing
Math

BASIC SKILLS OBJECTIVE(S)

Reading: Read and demonstrate comprehension of assignments.

Writing: Use complete sentences and correct grammatical skills in completing assignments.

INSTRUCTIONAL ACTIVITIES

1. Role play myths about aging/aging misconceptions.
2. Implement Patient's Bill of Rights.

INSTRUCTIONAL MATERIALS/RESOURCES

1. Filmstrips, videos, and transparencies that relate to the subject.
2. Hegner and Caldwell, **Nursing Assistant**, 5th edition.
3. Hogan and Sorrentino, **Long-Term Care Assistants.**
4. Simmers, **Diversified Health Occupations**, 2d and 3d editions.
5. Sorrentino, **Mosby's Textbook for Nursing Assistants**, 2d edition.
6. South Carolina Nurse Aide Curriculum.
7. Thomas, **Tabors Cyclopedic Medical Dictionary**.

LESSON C-03

EVALUATION

Mastery will be determined by scoring a minimum of ____% on a written examination. Any type of demonstration as desired for part of the exam may be included. Student will be evaluated on personal qualities during on-the-job training clinical experience.

ALTERNATIVE ACTIVITIES

LESSON C-04

UNIT Working With and Understanding the Elderly and Chronically Ill

COMPETENCY

Define and discuss death, dying, grieving, and spirituality.

PERFORMANCE OBJECTIVE

Upon completion of this unit, the student will be able to describe general characteristics of the aging process, discuss needs and problems that are particular to the elderly, discuss need for increased nursing home services, describe his/her own personal feelings regarding death and dying, describe spiritual/religious attitudes/influences on the dying process, discuss the family's needs regarding terminal illness, identify methods of meeting the total needs of the dying patient, and describe the aide's role in the grieving process.

BASIC SKILLS

Reading
Writing
Math

BASIC SKILLS OBJECTIVE(S)

Reading: Read and demonstrate comprehension of assignments.

Writing: Use complete sentences and correct grammatical skills in completing assignments.

INSTRUCTIONAL ACTIVITIES

1. Demonstrate knowledge of the individual differences in residents.
2. Demonstrate postmortem care.
3. Demonstrate physical/psychological care of the dying resident.

INSTRUCTIONAL MATERIALS/RESOURCES

1. Filmstrips, videos, and transparencies that relate to the subject.
2. Hegner and Caldwell, **Nursing Assistant**, 5th edition.
3. Hogan and Sorrentino, **Long-Term Care Assistants**.
4. Simmers, **Diversified Health Occupations**, 2d and 3d editions.
5. Sorrentino, **Mosby's Textbook for Nursing Assistants**, 2d edition.
6. South Carolina Nurse Aide Curriculum.
7. Thomas, **Tabors Cyclopedic Medical Dictionary**.

LESSON C-04

EVALUATION

Mastery will be determined by scoring a minimum of ____% on a written examination. Any type of demonstration as desired for part of the exam may be included. Student will be evaluated on personal qualities during on-the-job training clinical experience.

ALTERNATIVE ACTIVITIES

LESSON C-05

UNIT Working With and Understanding the Elderly and Chronically Ill

COMPETENCY

Discuss mental health, social services, and activity needs.

PERFORMANCE OBJECTIVE

Upon completion of this unit, the student will be able to identify ways the nurse aide can assist patient to deal with emotions; list five losses that the elderly may experience; define self-worth and self-esteem as they relate both to self and to resident; discuss two methods of reality orientation; discuss memory change; list ways the aide can recognize and intervene in confusion of the resident; discuss aide responsibility with social/activity directors and the care plan; define delirium and dementia; and describe the four stages of Alzheimer's disease and its impact on the team and family.

BASIC SKILLS

Reading
Writing
Math

BASIC SKILLS OBJECTIVE(S)

Reading: Read and demonstrate comprehension of assignments.

Writing: Use complete sentences and correct grammatical skills in completing assignments.

INSTRUCTIONAL ACTIVITIES

1. Assist patient with individual/group activities per care plan.
2. Assist with social activities per care plan.
3. Interact with team/family to assist in the enhancement of cognitive function/well-being of a patient.
4. Assist new resident with orientation to facility and his/her room.
5. Role play empathy, recognition of confusion and individual behavioral pattern, grief interventions, and respect for individual differences in cultural and behavioral patterns; demonstrate nonjudgmental behavior.

INSTRUCTIONAL MATERIALS/RESOURCES

1. Filmstrips, videos, and transparencies that relate to the subject.
2. Hegner and Caldwell, **Nursing Assistant**, 5th edition.
3. Hogan and Sorrentino, **Long-Term Care Assistants.**
4. Simmers, **Diversified Health Occupations**, 2d and 3d editions.
5. Sorrentino, **Mosby's Textbook for Nursing Assistants**, 2d edition.
6. South Carolina Nurse Aide Curriculum.
7. Thomas, **Tabors Cyclopedic Medical Dictionary.**

LESSON C-05

EVALUATION

Mastery will be determined by scoring a minimum of ____% on a written examination. Any type of demonstration as desired for part of the exam may be included. Student will be evaluated on personal qualities during on-the-job training clinical experience.

ALTERNATIVE ACTIVITIES

LESSON C-06

UNIT Working With and Understanding the Elderly and Chronically Ill

COMPETENCY

Describe the normal physiological changes in the elderly, i.e., sexuality.

PERFORMANCE OBJECTIVE

Upon completion of this unit, the student will be able to identify normal physical changes associated with the aging process; list common health problems of the elderly/chronically ill; differentiate between sex and sexuality; discuss how the aging process or illness impacts on sexuality; list how the nurse aide can intervene with sexually aggressive patient; discuss how the sexual needs of a patient can be addressed; and recognize changes in patient's condition and report to the team.

BASIC SKILLS

Reading
Writing
Math

BASIC SKILLS OBJECTIVE(S)

Reading: Read and demonstrate comprehension of assignments.

Writing: Use complete sentences and correct grammatical skills in completing assignments.

INSTRUCTIONAL ACTIVITIES

1. Demonstrate methods of assisting patient with sexual identity (cosmetics, privacy, and husband/wife sharing rooms).
2. Demonstrate assistance to resident in meeting nutritional needs (tray setup, food preparation, snacks, etc.).
3. Demonstrate ability to recognize and report changes in patient's condition.
4. Demonstrate knowledge of sexual changes/needs of the elderly/chronically ill.

INSTRUCTIONAL MATERIALS/RESOURCES

1. Filmstrips, videos, and transparencies that relate to the subject.
2. Hegner and Caldwell, **Nursing Assistant**, 5th edition.
3. Hogan and Sorrentino, **Long-Term Care Assistants**.
4. Simmers, **Diversified Health Occupations**, 2d and 3d editions.
5. Sorrentino, **Mosby's Textbook for Nursing Assistants**, 2d edition.
6. South Carolina Nurse Aide Curriculum.
7. Thomas, **Tabors Cyclopedic Medical Dictionary**.

LESSON C-06

EVALUATION

Mastery will be determined by scoring a minimum of ____% on a written examination. Any type of demonstration as desired for part of the exam may be included. Student will be evaluated on personal qualities during on-the-job training clinical experience.

ALTERNATIVE ACTIVITIES

LESSON C-07

UNIT Basic Nursing Skills for the Care of the Elderly/Chronically Ill Adult

COMPETENCY

Identify and discuss safety precautions.

PERFORMANCE OBJECTIVE

Upon completion of this unit, the student will be able to list ways to make the resident's unit safe; list ways to prevent falls and burns; identify ways to control bleeding; assist patients who are choking or experiencing obstructed airways; list emergency care for fainting; list some common safety hazards in long-term care facilities; identify what must be reported to the nurse; identify agency's procedures for disasters/fires; identify safety measures for oxygen; discuss reasons for restraints; demonstrate application and release of restraints; and list reasons for immediate call light response.

BASIC SKILLS

Reading
Writing
Math

BASIC SKILLS OBJECTIVE(S)

Reading: Read and demonstrate comprehension of assignments.

Writing: Use complete sentences and correct grammatical skills in completing assignments.

INSTRUCTIONAL ACTIVITIES

1. Demonstrate use of fire extinguisher.
2. Demonstrate Heimlich maneuver--cleaning obstructed airway.
3. Demonstrate incident report completion.
4. Demonstrate labeling/storage of liquids.
5. Implement fire/disaster drills according to agency policy.
6. Prepare safe physical environment for individual patient's needs.
7. Demonstrate restraint application.
8. Demonstrate safety standards (siderails, wheelchair brakes, cleanup of spills, positioning of patient, and geri/recliner chair use).

INSTRUCTIONAL MATERIALS/RESOURCES

1. Filmstrips, videos, and transparencies that relate to the subject.
2. Hegner and Caldwell, **Nursing Assistant**, 5th edition.
3. Hogan and Sorrentino, **Long-Term Care Assistants**.
4. Simmers, **Diversified Health Occupations**, 2d and 3d editions.
5. Sorrentino, **Mosby's Textbook for Nursing Assistants**, 2d edition.

LESSON C-07

INSTRUCTIONAL MATERIALS/RESOURCES

6. South Carolina Nurse Aide Curriculum.
7. Thomas, **Tabors Cyclopedic Medical Dictionary.**

EVALUATION

Mastery will be determined by scoring a minimum of ____% on a written examination. Any type of demonstration as desired for part of the exam may be included. Student will be evaluated on personal qualities during on-the-job training clinical experience.

ALTERNATIVE ACTIVITIES

LESSON C-08

UNIT Basic Nursing Skills for the Care of the Elderly/Chronically Ill Adult

COMPETENCY

Demonstrate infection control.

PERFORMANCE OBJECTIVE

Upon completion of this unit, the student will be able to list conditions which promote growth of bacteria; describe appropriate handwashing protocols; identify when handwashing should occur; explain cleansing procedures for patient equipment; identify correct storage procedures for patient supplies (toothbrushes, hairbrushes, and bed and bath pans); identify correct storage and transportation of supplies, i.e., linen (dirty vs. clean) and laundry; and discuss clean versus dirty areas.

BASIC SKILLS

Reading
Writing
Math

BASIC SKILLS OBJECTIVE(S)

Reading: Read and demonstrate comprehension of assignments.

Writing: Use complete sentences and correct grammatical skills in completing assignments.

INSTRUCTIONAL ACTIVITIES

1. Demonstrate handwashing procedures.
2. Demonstrate linen-handling procedures.
3. Demonstrate positioning of tubing, i.e., catheter and feeding tubes.
4. Demonstrate principles of universal precautions/isolation procedures.
5. Demonstrate gowning, gloving, and masking.

INSTRUCTIONAL MATERIALS/RESOURCES

1. Filmstrips, videos, and transparencies that relate to the subject.
2. Hegner and Caldwell, **Nursing Assistant**, 5th edition.
3. Hogan and Sorrentino, **Long-Term Care Assistants.**
4. Simmers, **Diversified Health Occupations**, 2d and 3d editions.
5. Sorrentino, **Mosby's Textbook for Nursing Assistants**, 2d edition.
6. South Carolina Nurse Aide Curriculum.
7. Thomas, **Tabors Cyclopedic Medical Dictionary.**

LESSON C-08

EVALUATION

Mastery will be determined by scoring a minimum of ____% on a written examination. Any type of demonstration as desired for part of the exam may be included. Student will be evaluated on personal qualities during on-the-job training clinical experience.

ALTERNATIVE ACTIVITIES

LESSON C-09

UNIT Basic Nursing Skills for the Care of the Elderly/Chronically Ill Adult

COMPETENCY

Identify and discuss nutritional needs.

PERFORMANCE OBJECTIVE

Upon completion of this unit, the student will be able to discuss factors that affect eating and drinking; identify tasks of the aide in relation to food and fluid intake; list measures the team can implement through dietary to assist with constipation problems; identify four basic food groups; identify special diets; discuss the aide's role in serving the resident's tray; identify foods which are considered in fluid intake; discuss supplemental and in-between meal feedings; and describe aide's role in reporting problems with food/fluid intake.

BASIC SKILLS

Reading
Writing
Math

BASIC SKILLS OBJECTIVE(S)

Reading: Read and demonstrate comprehension of assignments.

Writing: Use complete sentences and correct grammatical skills in completing assignments.

INSTRUCTIONAL ACTIVITIES

1. Prepare patient's meal.
2. Prepare patient for meal.
3. Serve tray/meal to patient.

INSTRUCTIONAL MATERIALS/RESOURCES

1. Filmstrips, videos, and transparencies that relate to the subject.
2. Hegner and Caldwell, **Nursing Assistant**, 5th edition.
3. Hogan and Sorrentino, **Long-Term Care Assistants.**
4. Simmers, **Diversified Health Occupations**, 2d and 3d editions.
5. Sorrentino, **Mosby's Textbook for Nursing Assistants**, 2d edition.
6. South Carolina Nurse Aide Curriculum.
7. Thomas, **Tabors Cyclopedic Medical Dictionary.**

LESSON C-09

EVALUATION

Mastery will be determined by scoring a minimum of ____% on a written examination. Any type of demonstration as desired for part of the exam may be included. Student will be evaluated on personal qualities during on-the-job training clinical experience.

ALTERNATIVE ACTIVITIES

LESSON C-10

UNIT Basic Nursing Skills for the Care of the Elderly/Chronically Ill Adult

COMPETENCY

Define and demonstrate the principles of body mechanics.

PERFORMANCE OBJECTIVE

Upon completion of this unit, the student will be able to define principles of body mechanics/alignment, describe appropriate body alignment for the aide in the care of the patient, and demonstrate proper body alignment for the patient.

BASIC SKILLS

Reading
Writing
Math

BASIC SKILLS OBJECTIVE(S)

Reading: Read and demonstrate comprehension of assignments.

Writing: Use complete sentences and correct grammatical skills in completing assignments.

INSTRUCTIONAL ACTIVITIES

Demonstrate principles of body mechanics.

INSTRUCTIONAL MATERIALS/RESOURCES

1. Filmstrips, videos, and transparencies that relate to the subject.
2. Hegner and Caldwell, **Nursing Assistant**, 5th edition.
3. Hogan and Sorrentino, **Long-Term Care Assistants.**
4. Simmers, **Diversified Health Occupations**, 2d and 3d editions.
5. Sorrentino, **Mosby's Textbook for Nursing Assistants**, 2d edition.
6. South Carolina Nurse Aide Curriculum.
7. Thomas, **Tabors Cyclopedic Medical Dictionary.**

LESSON C-10

EVALUATION

Mastery will be determined by scoring a minimum of ____% on a written examination. Any type of demonstration as desired for part of the exam may be included. Student will be evaluated on personal qualities during on-the-job training clinical experience.

ALTERNATIVE ACTIVITIES

LESSON C-11

UNIT Basic Nursing Skills for the Care of the Elderly/Chronically Ill Adult

COMPETENCY

Discuss basic restorative services.

PERFORMANCE OBJECTIVE

Upon completion of this unit, the student will be able to perform correct techniques for lifting, moving, positioning, and transferring patients for one assist and for two assist; demonstrate use of lift sheet and assistive devices such as Hoyer lift, wheelchairs, shower chairs, geri chairs, stretchers, and transfer/safety belts; transfer a patient to and from toilet and shower chair; perform passive range of motion exercises; discuss the principles of TED hose use (support hose); apply and remove TED hose; provide preventive skin care; explain purpose of bedrolls and handrolls and use of pillows and slings for positioning to prevent contractures; and assist with ambulation of patient with one assist only, with two assist, and with assistive devices.

BASIC SKILLS

Reading
Writing
Math

BASIC SKILLS OBJECTIVE(S)

Reading: Read and demonstrate comprehension of assignments.

Writing: Use complete sentences and correct grammatical skills in completing assignments.

INSTRUCTIONAL ACTIVITIES

Demonstrate with role play the performance objective.

INSTRUCTIONAL MATERIALS/RESOURCES

1. Filmstrips, videos, and transparencies that relate to the subject.
2. Hegner and Caldwell, **Nursing Assistant**, 5th edition.
3. Hogan and Sorrentino, **Long-Term Care Assistants**.
4. Simmers, **Diversified Health Occupations**, 2d and 3d editions.
5. Sorrentino, **Mosby's Textbook for Nursing Assistants**, 2d edition.
6. South Carolina Nurse Aide Curriculum.
7. Thomas, **Tabors Cyclopedic Medical Dictionary**.

LESSON C-11

EVALUATION

Mastery will be determined by scoring a minimum of ____% on a written examination. Any type of demonstration as desired for part of the exam may be included. Student will be evaluated on personal qualities during on-the-job training clinical experience.

ALTERNATIVE ACTIVITIES

LESSON C-12

UNIT Basic Nursing Skills for the Care of the Elderly/Chronically Ill Adult

COMPETENCY

Discuss and demonstrate the principles of measuring and recording intake and output.

PERFORMANCE OBJECTIVE

Upon completion of this unit, the student will be able to perform and record vital signs, heights and weights, and intakes and outputs; read amounts in c.c.'s and ounces/estimate amounts to be recorded; identify patients on force fluids or restricted fluids; discuss aide's role in forcing/restricting fluids; observe and record types of bowel movements; perform sugar and acetone tests according to agency policy; collect specimens for urine, stool, and sputum tests according to direction of team; empty catheter drainage bags; describe the aide's role in bladder and bowel retaining; change colostomy bag of patient with an established ostomy; provide catheter care (no irrigations); describe principles of heat and cold compresses; describe sitz bath principles, describe aide's role in heating pad/hot water bottle application; and assist patient with bedpan/urinal.

BASIC SKILLS

Reading
Writing
Math

BASIC SKILLS OBJECTIVE(S)

Reading: Read and demonstrate comprehension of assignments.

Writing: Use complete sentences and correct grammatical skills in completing assignments.

Math: Use measurement and problem solving skills.

INSTRUCTIONAL ACTIVITIES

Use demonstration and role play to reinforce learning of this competency.

INSTRUCTIONAL MATERIALS/RESOURCES

1. Filmstrips, videos, and transparencies that relate to the subject.
2. Hegner and Caldwell, **Nursing Assistant**, 5th edition.
3. Hogan and Sorrentino, **Long-Term Care Assistants.**
4. Simmers, **Diversified Health Occupations**, 2d and 3d editions.
5. Sorrentino, **Mosby's Textbook for Nursing Assistants**, 2d edition.

LESSON C-12

INSTRUCTIONAL MATERIALS/RESOURCES

6. South Carolina Nurse Aide Curriculum.
7. Thomas, Tabors Cyclopedic Medical Dictionary.

EVALUATION

Mastery will be determined by scoring a minimum of ____% on a written examination. Any type of demonstration as desired for part of the exam may be included. Student will be evaluated on personal qualities during on-the-job-training clinical experience.

ALTERNATIVE ACTIVITIES

LESSON C-13

UNIT Personal Care Skills

COMPETENCY

Demonstrate personal care skills for the patient.

PERFORMANCE OBJECTIVE

Upon completion of this unit, the student will be able to describe principles of bed making (occupied and unoccupied); discuss principles of oral hygiene; discuss bathing principles; identify dressing and grooming techniques; and discuss aide's role in preparing patient for rest and sleep.

BASIC SKILLS

Reading
Writing
Math

BASIC SKILLS OBJECTIVE(S)

Reading: Read and demonstrate comprehension of assignments.

Writing: Use complete sentences and correct grammatical skills in completing assignments.

Math: Use measurement and problem solving in completing this competency.

INSTRUCTIONAL ACTIVITIES

1. Prepare food.
2. Feed patient.
3. Assist with grooming, oral hygiene, and dressing.
4. Assist with prosthetics.
5. Give bath.
6. Make bed.

INSTRUCTIONAL MATERIALS/RESOURCES

1. Filmstrips, videos, and transparencies that relate to the subject.
2. Hegner and Caldwell, **Nursing Assistant**, 5th edition.
3. Hogan and Sorrentino, **Long-Term Care Assistants**.
4. Simmers, **Diversified Health Occupations**, 2d and 3d editions.
5. Sorrentino, **Mosby's Textbook for Nursing Assistants**, 2d edition.
6. South Carolina Nurse Aide Curriculum.
7. Thomas, **Tabors Cyclopedic Medical Dictionary**.

LESSON C-13

EVALUATION

Mastery will be determined by scoring a minimum of ____% on a written examination. Any type of demonstration as desired for part of the exam may be included. Student will be evaluated on personal qualities during on-the-job training clinical experience.

ALTERNATIVE ACTIVITIES

APPENDICES

APPENDIX A

SAMPLE: CLINICAL COMPETENCY EVALUATION FOR NURSING ASSISTANT

STUDENT _____ SESSION DATES:_____

EVALUATOR:_____ _____ _____

SATISFACTORY COMPLETION = (each faculty decides on scores)

CRITERIA FOR EVALUATION:

Consistently performs at exceptional level	5
Performs at higher level	4
Satisfactory/expected level of performance	3
Marginal/Minimal performance level; needs improvement	2
Unsatisfactory level of performance is unacceptable	1

	Observed in lab	Observed in clinical	Rating	Comments
I. 1. Performs effectively as a health member:				
Recognizes signs and symptoms to report.				
Shares observations.				
Adheres to assigned tasks.				
Assists other team members as needed.				
Reports and documents per agency policy.				
2. Demonstrates knowledge of agency's policies.				
3. Demonstrates good personal hygiene.				
4. Wears appropriate attire.				
II. 1. Demonstrates protection of patient's rights:				
Uses privacy curtains.				
Knocks before entering room.				
Speaks in nonjudgmental voice.				
Assists with making choices.				
Maintains confidentiality.				
Addresses patients correctly.				
Performs care in non-abusive manner.				

	Observed in lab	Observed in clinical	Rating	Comments
2. Describes special needs and problems of aging individual.				
3. Describes own feelings of death and dying.				
4. Identifies needs of terminally ill patient.				
5. Performs postmortem care.				
6. Identifies stages of Alzheimer's.				
7. Describes appropriate interventions with the confused client.				
8. Assists with client's activities.				
9. Assists with client's social needs per POC.				
10. Assists with reality orientation of client.				
11. Describes interventions for the sexually aggressive patient.				
12. Demonstrates understanding of human sexuality.				
13. Applies/Releases restraints per policy and repositions patient.				
14. Takes/Records vital signs.				
15. Demonstrates safety in the environment:				
Responds to call system.				
Implements fire drills.				
Places call light in reach of patient.				
Cleans spills promptly.				
Provides comfortable environment.				

	Observed in lab	Observed in clinical	Rating	Comments
16. Practices procedures to prevent spread of infection: Washes hands. Handles linen. Transports lines. Positions catheter tubing. Performs catheter care.				
17. Utilizes good body mechanics in performance of tasks.				
18. Positions patient in chair.				
19. Demonstrates knowledge of Hoyer lift use.				
20. Utilizes assistive devices such as pillows and hand rolls for positioning patients.				
21. Assists patient in ambulation.				
22. Demonstrates use of walker and cane.				
23. Assists patients with meals.				
24. Describes special diets.				
25. Describes nutritional needs of patients.				
26. Assists patient with toileting needs.				
27. Makes occupied bed.				
28. Makes unoccupied bed.				
29. Assists patient with dressing.				
30. Assists patient with oral care.				
31. Assists patient with hearing aid.				
32. Assists patient with glasses.				

	Observed in lab	Observed in clinical	Rating	Comments
33. Assists patient with dentures.				
34. Assists patient with shower.				
35. Assists patient with tub bath.				
36. Assists patient with bed bath.				
37. Performs mouth/denture care.				
38. Demonstrates ability to accurately:				
Measures and records fluid intake.				
Measures and records food intake.				
Measures and records fluid output.				
Documents in correct amounts (cc's and oz.).				
Measures and records height and weight of ambulatory, bed confined patient.				
Uses abbreviations.				
Tests urine for sugar acetone.				
Collects specimens for urine.				
Collects specimens for stools.				
Collects specimens for sputum.				
39. Demonstrates understanding of bowel/bladder training.				
40. Describes application of cold compresses.				
41. Describes application of heat compresses.				
42. Identifies skin care needs.				
43. Prepares patient for rest and sleep.				
44. Demonstrates positive attitude toward the elderly.				

APPENDIX B

NURSE AID TRAINING CLASS-LAB EQUIPMENT SUPPLY LIST

ITEM

Standard Classroom-Lab Equipment

Antiembolitic hose (for demonstration) (Ted)
bathing basins
beds and bed linens and pillows
bedside commode
BP cuff
bulb syringe feeders
canes: single or quad or tripod
catheter equipment--drain bags
colostomy bag (for demonstration)
crutches
dentures and cleaning supplies
diastix
disposable briefs
emesis basin
geri-chairs or wheelchairs
gloves
gowns
handrolls
handwashing supplies
heating pads
heel protectors
height/weight equipment
hot water bottles
hot cold compresses
lift sheets
manikins
masks
measuring cups for urine
patient gowns
record keeping equipment
restraints (posey vest, pelvic, waist, and wrist)
set of plates, forks, and spoons
shaving equipment
stethoscope
stretcher
transfer belts (man's leather belt)
S&A Kits (urine testing)
teaching stethoscope
Texas catheters
thermometers
urinals

APPENDIX C

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